

OXFORD JUNIOR STARS ICE HOCKEY CLUB

Club Rules

1. Arrive on time / early for training

(recommended at least 30 minutes early to allow time for changing. Be ready for on-ice or off-ice training as appropriate 5 minutes before the start time of that session)

2. Come with the correct equipment

(if you don't have full kit, you will not be allowed on the ice.)

3. Listen to and follow the instructions of your coach

(if you don't, you will be asked to leave the ice, or even the team.)

4. Do not shoot pucks around once the coach has whistled to signal the end of a drill

(IT IS DANGEROUS! it is also disrespectful and slows down training, please show respect - see rule 5.)

5. Respect your coach and other players

(Being on the team is a privilege that can, and will, be taken away if you do not show respect to your coach and other members of the ice hockey club)

6. Use appropriate language

(Please refrain from swearing. This gives a bad impression when we have visitors or spectators, there are also lots of young kids around)

7. Train to the best of your ability

(Different players have different levels of skill and ability. All we ever ask is that you try your best and constantly train to improve)

8. Respect the property of others

(Do not borrow kit or equipment from others unless you are prepared to pay for/replace breakages. Any purposeful damage or taking of property not belonging to you will be dealt with very seriously)

9. Keep the changing room tidy and free from damage

(We know it gets busy in there, but try and keep your belongings in your bag so you don't lose them. Do not ever cause damage to the room or its contents or you will have to pay for repairs)

10. Inform manager/coach if unavailable to attend training or games

(It is very important that you attend all training sessions and games unless you have a very good reason not to do so. Joining the team is a commitment and if you don't turn up you are letting the entire team down, sometimes causing games to be cancelled. Let us know as soon as you can if you cannot make it, don't just "not turn up".)